

Redwood Family Dermatology Medical Associates

Jeffrey Sugarman, M.D., Ph.D. Albert Peng, M.D. Judith Hong, M.D. Ligaya Park, D.O.

Angela Wyble, PA-C

Heather Lowe, PA-C

2725 Mendocino Avenue – Santa Rosa, CA 95404 – 707-545-4537 – 707-545-6726 fax

**We will call you with the biopsy results approximately 2 weeks after the biopsy was done.
Please call us if you do not hear from us in that time.**

Biopsy Wound Care

1. Keep bandage dry until the following day.
 2. Remove bandage and bathe as usual the following morning. Clean wound with tap water and a Q-tip to remove any dry blood.
 3. Apply thin layer of ointment: Vaseline, polysporin, or aquaphor – NOT Neosporin.
 4. Cover with new bandage (band-aid or telfa and tape)
 5. Repeat steps 2 through 4 for 7 to 14 days until healed.
 6. If you have stitches, repeat until stitch removal appointment.
- It is not unusual for a biopsy site to bleed. **If bleeding occurs, apply constant pressure for 15 minutes and cover wound with a new bandage. If bleeding has not stopped, repeat this procedure.** If wound is still bleeding, please call our office.
 - Take Tylenol for pain or discomfort (unless given another pain medicine by provider)
 - Apply an ice pack for 15 minutes every 2 – 3 hours while awake for 2 days (after surgery only).
 - If wound is not healing properly or is red, tender or swollen, please call our office immediately.
 - Wounds **DO NOT** heal better if they dry out or are exposed to air.
 - Wounds **DO** heal better if kept clean and moist with ointment and a bandage.

Frequently asked Questions:

1. When can I go swimming? This depends on type of biopsy you had.
Shave: 3 days Punch: 1 week Excision: after stitches come out
2. When can I work out?
Shave: next day Punch & excision: these are site dependant and should be discussed with provider

Pathology Billing

Your physician has performed a procedure which requires the removed material to be reviewed by a pathologist. Depending on the type of specimen and your insurance, the specimen will be sent to one of the following:

Solano Dermatology Associates (John Geisse, MD)
UCSF (Philip LeBoit, MD; Timothy McCalmont, MD; Boris Batian, MD; Beth Ruben, MD)
Diagnostic Pathology Medical Group, Inc.
Redwood Family Dermatology (Jeffrey Sugarman, MD)

*There will be a separate charge for this service, it is **NOT** included in your services provided in our office today.*